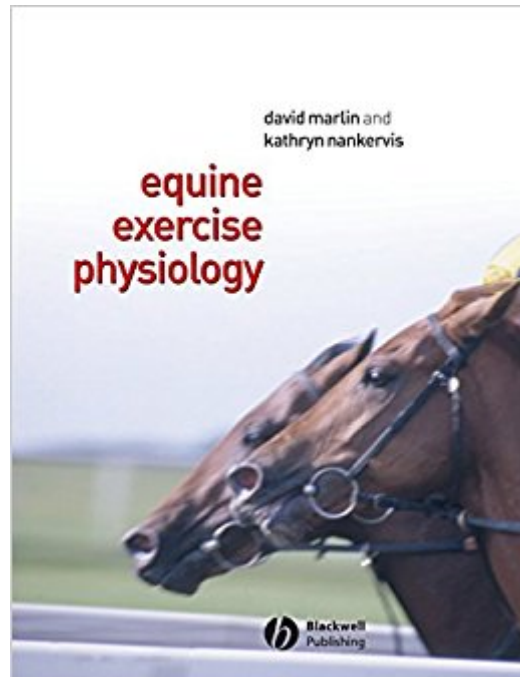




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# Equine Exercise Physiology



## Synopsis

Equine exercise physiology is an area that has been subject to major scientific advances over the last 30 years, largely due to the increased availability of high-speed treadmills and techniques for recording physiological function during exercise. Despite the scientific advances, many riders and trainers are still using little more than experience and intuition to train their horses. The aim of this book is to sort the fact from the fiction for the benefit of those involved in training, managing or working with horses, and to provide an up-to-date summary of the state of play in equine exercise physiology. Scientific theories are explained from first principles, with the assumption that the reader has no previous scientific background. The book is designed to save competitors and trainers a lot of time and effort trying to extract information in piecemeal fashion from a host of reference sources. For the first time, everything you need to know about exercising and training horses is here in one text.

## Book Information

Paperback: 304 pages

Publisher: Wiley-Blackwell; 1 edition (October 22, 2002)

Language: English

ISBN-10: 0632055529

ISBN-13: 978-0632055524

Product Dimensions: 7.5 x 0.6 x 9.7 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 9 customer reviews

Best Sellers Rank: #303,803 in Books (See Top 100 in Books) #17 in Books > Textbooks > Medicine & Health Sciences > Veterinary Medicine > Equine #41 in Books > Medical Books > Veterinary Medicine > Anatomy & Physiology #44 in Books > Medical Books > Veterinary Medicine > Equine Medicine

## Customer Reviews

"The authors have created an excellent resource for undergraduate, graduate and even veterinary students. For the horse, owner, trainer and equine clinician, this text is a great resource to pull out when one is interested in a more clear understanding of advance integrative and applied aspects of the field of equine exercise physiology and equine sports medicine." (The Veterinary Journal, 2005)

"a readable, up-to-date account of how to achieve the highest standards in your competition horses.

It will suit all horse enthusiasts and students, as well as experienced trainers." â "From the Foreword, by Peter Scudamore

This book is awesome- it would be difficult to follow if you don't know the basics in Biology however some of it could be understood without. This book will forever change the way I approach conditioning my horse and also gave me a lot of respect for the demand we ask when we perform. I think people could learn SO MUCH from this and if they actually pay attention orient their conditioning program in a direction that emphasizes the longevity of soundness in their horse. Conditioning takes time- and a lot of injuries could be prevented if people took the time to do it the right way. Amazing book

This a great book. Easy to read and understand the content. I believe it is the most detailed book covering this specific topic.

Detailed information and a required textbook for 2 university papers that I passed, well written, great summary of key points at end of each chapter is very useful. A must-have for any owner/trainer/rider of sport or race horses

Covers the subject in easy to understand terms. The concepts are presented in a logical order so it easy to grasp the overall premises

This book was required for my equine exercise physiology class. It is a very detailed and informative source, however it is hard to follow if you have a teacher who basically reads from the book or assigns chapters without outlining and going into detail about the material.

Excellent experience if you want an updated textbook at reasonable cost. Describes very well and with some depth all the contents.

This is great book for those starting out in exercise physiology subjects or serious horse trainers looking for an edge. Thoroughly recommend it, as its both informative yet easy enough for most people to understand.

Not many other texts on the subject, this one more complete than the others.

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